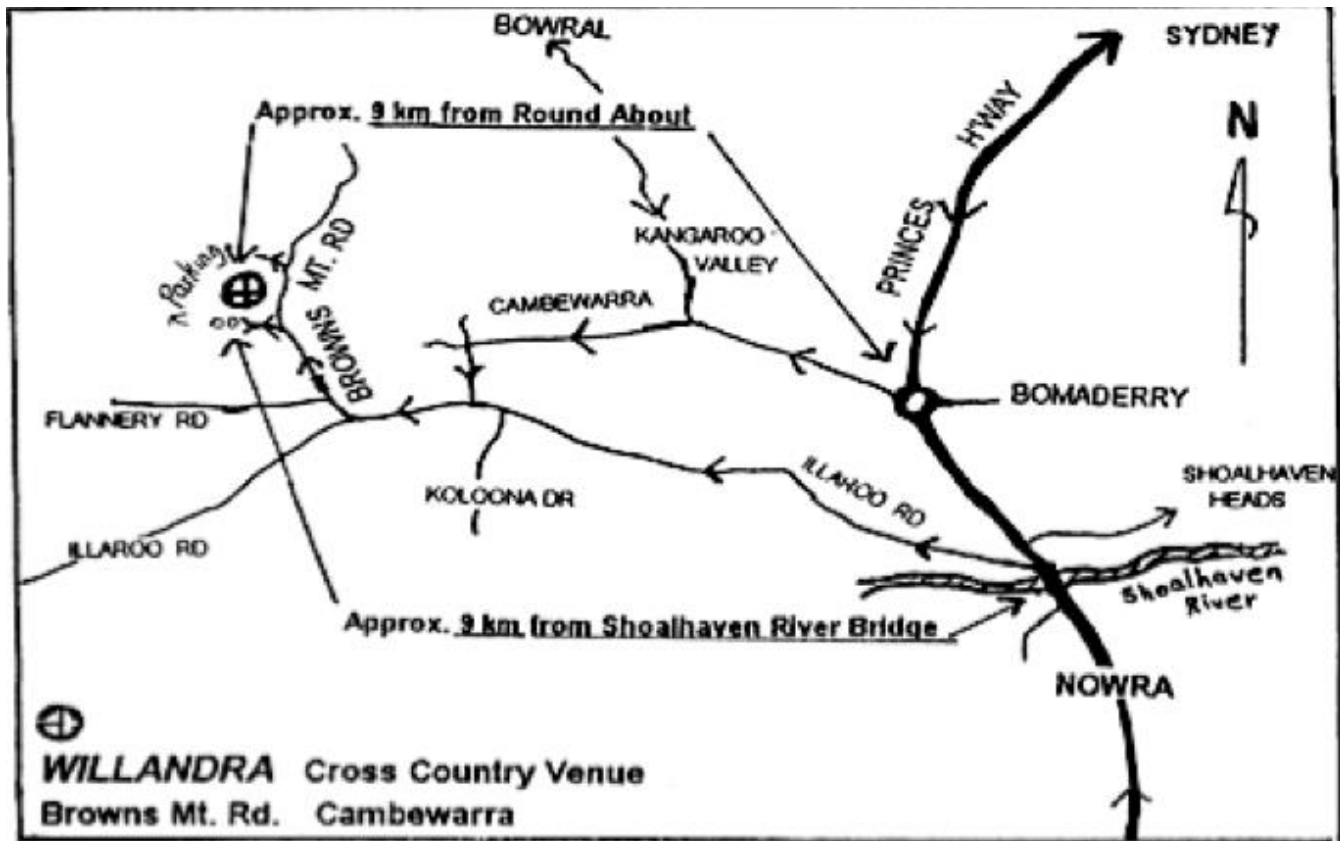


# Cross Country Map & Directions



Turn into Illaroo Road at the traffic lights on the northern side of the Shoalhaven River bridge. Travel west along Illaroo Road for 9kms. Turn right onto Mt. Brown's

## Wet Weather – In case of wet weather

- A message will be sent to all sports coordinators mobile phones via the global SMS
- A twitter message will be placed on the sports homepage (<http://www.dow.catholic.edu.au>) where students, teachers and parents can access to check for any decisions.
- Radio stations will be contacted

## **EVENTS FOR STUDENTS WITH DISABILITIES – GENERAL INFORMATION**

### **WHAT IS CLASSIFICATION?**

Classification groups athletes into classes, according to how their disability impacts on their sport. The sports of swimming, athletics and cross country each have a unique classification system. This means that athletes who compete in more than one sport will receive a different classification for each sport.

### **CLASSIFICATION CATEGORIES**

Eligibility is based on the classification criteria below in the following classification categories:

#### **Physical**

- Classification codes: Athletics TF31-57 and Swimming S1-10
- Functional classifications involve a series of physical assessments to determine the extent of the limitation. It may include amputees, cerebral palsy etc

#### **Vision**

- Classification codes: Athletics TF11-13 and Swimming S11-13
- Students with a visual acuity that is less than or equal to LogMAR = 1.00 (6/60) and/or the visual field is less than a diameter of 40 degrees. All classifications are allocated from the best eye with best corrected vision. Eye conditions may include albinism, retinis pigmentosa, macular dystrophy and rod cone dystrophy.

#### **Intellectual**

- Classification codes: Athletics TF20 and Swimming S14
- Students with an IQ equal to or less than 75 as assessed by a professionally administered IQ test, and significant limitations in adaptive behaviour (conceptual, social or practical adaptive skills).

#### **Hearing -**

- Classification codes Athletics TF01 and Swimming S15
- Students with hearing level loss of at least 55 decibels (dB) over 3 frequencies at 500, 1000 and 2000 Hertz (Hz) in the better ear as assessed by an audiologist or audiometrist.

#### **Transplant**

- Classification codes: Athletics TF30 and Swimming S16
- Students who have had an organ or bone marrow transplant including kidney, liver, heart, lung, pancreas.

### **CLASSIFICATION REQUIREMENTS**

There are three levels of official classification - Provisional, National and International:

- Provisional classification is the minimum required for participation at NSWCCC events. Provisional classifications are obtained upon commencing the classification process with your relevant governing sport body.

National classification is required for NSW All Schools, State and National events. Students with a provisional classification will not be able to proceed to a NSW All School Championships unless it's confirmed that a booking for an official classification is scheduled prior to the State event being conducted.

## **SO WHAT ABOUT DIOCESAN SWIMMING, CROSS COUNTRY & ATHLETICS EVENTS?**

All students with a disability wishing to compete at NSWCCC or NSW All Schools level are required to be officially classified. Students who are officially classified need only provide their classification code/details next to their surname in the school entry which will include their name, age & date of birth. For Example: John Smith S14 (this indicates John Smith has intellectual disability and therefore vital information for John's participation and results at higher pathway levels)

## STUDENTS WITH A DISABILITY COMPETITOR APPLICATION FORM

Dear Parent/Guardian,

The School Sport Representative Pathway promotes opportunities for eligible students with a disability between 12 and 19 years of age to compete in selected events in swimming, cross country and athletics. For further information please go to [www.csss.nsw.edu.au/nswcps](http://www.csss.nsw.edu.au/nswcps)

**Please complete this application to be considered for participation in the listed events and forward to your School Sport Coordinator who will follow up with your Diocesan Sport Coordinator.**

Eligibility is based on the classification criteria below in the following classification groups and requires official documentation.

**Physical** - *Classification codes: Athletics TF31-57 and Swimming S1-10* Functional classifications involve a series of physical assessments to determine the extent of the limitation. It may include amputees, cerebral palsy etc

**Vision** - *Classification codes: Athletics TF11-13 and Swimming S11-13* Students with a visual acuity that is less than or equal to LogMAR = 1.00 (6/60) and/or the visual field is less than a diameter of 40 degrees. All classifications are allocated from the best eye with best corrected vision. Eye conditions may include albinism, retinitis pigmentosa, macular dystrophy and rod cone dystrophy.

**Intellectual** - *Classification codes: Athletics TF20 and Swimming S14* Students with an IQ equal to or less than 75 as assessed by a professionally administered IQ test, and significant limitations in adaptive behaviour (conceptual, social or practical adaptive skills).

**Hearing** - *Classification codes: Athletics TF01 and Swimming S15* Students with hearing level loss of at least 55 decibels (dB) over 3 frequencies at 500, 1000 and 2000 Hertz (Hz) in the better ear as assessed by an audiologist or audiometrist.

**Transplant** - *Classification codes: Athletics TF30 and Swimming S16* Students who have had an organ or bone marrow transplant including kidney, liver, heart, lung, pancreas.

**Please complete the information below & return to your school sports coordinator**

Student's First Name		Student's Surname	
Student's DOB	/ /	Student's Gender	Male / Female
Age this year			
Parent's Name/s		Contact number	
Please circle your child's classification category		<i>Physical   Vision   Intellectual   Hearing   or   Transplant</i>	
Has your child officially been classified by the governing sport/s body?		<input type="checkbox"/> YES	<input type="checkbox"/> NO
Classification Code:	Swimming (S, SB) <input style="width: 50px; height: 20px;" type="text"/>	Cross Country /Athletics(TF)	<input style="width: 50px; height: 20px;" type="text"/>

*Please indicate below the sports/events you wish to enter your child in your diocese:*

### Swimming

<input type="checkbox"/> 50m Freestyle	<input type="checkbox"/> 50m Backstroke	<input type="checkbox"/> 50m Breaststroke	<input type="checkbox"/> 50m Butterfly	<input type="checkbox"/> 100m Freestyle
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### Athletics (Para-Athlete)

<input type="checkbox"/> 100m	<input type="checkbox"/> 200m	<input type="checkbox"/> 800m	<input type="checkbox"/> Long Jump	<input type="checkbox"/> Discus	<input type="checkbox"/> Shot Put
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### Cross Country (Para-Athlete)

<input type="checkbox"/> 3000m Cross Country
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### PARENT AUTHORITY

I/We certify that the student listed wishes to be considered for eligibility to participate in swimming, cross country and/or athletic events. I/We understand an official classification from the specific disability governing sport/s body of my child is needed for participation at NSWCCC, NSW All Schools and National level of School Sport competition.

**Parent's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_