



DIOCESE OF WOLLONGONG
SPORTS COUNCIL

DIOCESAN RUGBY KNOCKOUT

FRIDAY 29 April, 2022

(Backup Monday 23 May)

OCEAN PARK, WOONONA

The purpose of the day is to come up with a winning school team for a right to represent the Diocese in the NSW CPS Rugby Finals to be staged in Sydney on Monday, August 15, 2022.

KNOCKOUT COMPETITION RULES (Based on NSW CPS 10 A SIDE Rules)

1. This is a ten-a side competition open to year 5 & 6 students. ARU Midi Rugby Laws will apply.
2. NSW CPS 10 A Side Knockout age restrictions – Students born in 2009 & 2010 are eligible. Students born in 2008 are not eligible.
3. If schools have students born 2010, they must contact NSW CPS Executive Officer, Ann-Marie Miranda (AnnMarie.Miranda@cnsnw.catholic.edu.au) NSW CPS will be working with NSW Rugby and with the school and students to process any exemptions. Please note 2010 students cannot play for their Diocese or Polding/MacKillop UNLESS this protocol is followed. No 13 year olds are permitted to trial.
4. Teams must wear appropriate uniforms and be prepared for games through suitable training runs prior to the carnival date. Students should be well prepared for the day.
5. Matches will be controlled by a qualified referee.
6. First Aid will be provided, however, all teams involved in games should organise appropriate first aid kits to treat minor injuries and all strapping requirements.
7. A size 4 rugby ball should be used in all matches.
8. Matches will be a maximum of 20 minutes each half. The duration of halves will be decided when the number of team entries has been received.
9. Unlimited interchange will be allowed. Replacement for injury will be allowed at any time during the game.
10. In the event of a tied score, with the exception of finals:
 - I. Team with most tries will be deemed the winner
 - II. If tries are even, the first try scorer will be deemed the winner
 - III. If no tries are scored then the team scoring first points will be deemed the winner
 - IV. In event of a no score the toss of a coin shall determine the winner
 - V. In semi finals and finals where scores are tied an additional five minutes each way will be played to determine the winner.
11. The school winning the Diocesan final will represent Wollongong against other Diocesan winners in a NSW CPS final series.

NSWCPS RUGBY KNOCKOUT RULES

Pathway Rugby Game Management Plan 2022

MANAGEMENT LAWS

	KNOCKOUT RULES
Playing Area	Normal field – 5 metres in
Player Number	10 per side
Time	Maximum 10 minutes each way
Bar	Full size – Size 4
Scoring	Normal Law The Conversion is taken no further out than the 15m line no matter where the try is scored. Try 5 points, Conversion 2
Tackle	Yes
Ruck Off Side	Hind most foot
Maul Off Side	Hind most foot

KICKING LAWS

	KNOCKOUT RULES
Start Game	Drop Kick
Restart Game	Drop Kick
Penalty	Tap, kicks for touch, kick for territory. NO KICK FOR GOAL
Drop Out	Drop kick on or behind 22m line
General Play	Kicking allowed
Kick for Goal	Place kick in line with where try is scored - no further out than the 15m line.

SCRUM LAWS

	KNOCKOUT RULES
Features	Uncontested
Numbers	5 players
Push	No push
Scrum Half Attacking	Can pass, run or kick
Scrum Half Defending	No. Must be at the base of the scrum
Number.8	No
Offside Line	Last feet

LINE OUT LAWS

	KNOCKOUT RULES
Features	Contested
Numbers	Minimum of 2, throwing teams set maximum
Length	5 -15m
Spacing	1m between teams
Throw	Down the line of touch
Beginning	Ball leaves throwers hands
End	Ball clears the lineout or travels beyond/off the line of touch including all feet if involved in a maul
Offside	10m from line of touch
Support	No Lifting

- Born 2009 & 2010 only. No born 2008. Born 2010 require signed dispensation
- No push in scrums
- Scrum half retires to back scrum
- Kicking in general play
- 15 in squad, 10 on team, unlimited interchange. 90minutes per day maximum playing time per student.



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RUGBY UNION 10 A SIDE KNOCKOUT

ENTRY FORM

Knockout Guidelines

- The aim is to take the winning Wollongong school through to a final series against winners from other dioceses across NSW.
- A draw will be determined by a convener and schools will then be responsible for organising transport of team members, referees, team first aid, playing gear and appropriate training for all students involved.
- A reminder that the competition is open to year 5 & 6 students and is ten-a-side.

Name of School: _____

Address: _____

Phone: _____

Contact Person: _____ Email: _____

Referee's Name _____

Playing Colours: _____

Principal's Authority: _____ Date: _____

ENTRIES CLOSE ON FRIDAY 8 APRIL 2022

Please scan and email this entry form to:

John Sparks (CEDoW)

Email: john.sparks@dow.catholic.edu.au